

THE ONLY BABY REGISTRY YOU ACTUALLY NEED

A simple, no-overwhelm guide to help you feel confident about what to add (and what to skip)

Build your baby registry with confidence—without wasting money or overbuying.

By: Mom 411



START HERE: YOUR CORE ESSENTIALS

If you're feeling overwhelmed, start with just these.

Everything else in this guide is here to make your life easier—not more complicated.

SLEEP

- Crib or bassinet
- Mattress + 2–3 fitted sheets

👉 *Your baby needs a safe place to sleep from day one.*

FEEDING

- Bottles (even if you plan to breastfeed)
- Burp cloths

👉 *Babies are unpredictable—having both options makes life easier.*

DIAPERING

- Diapers
- Wipes
- Changing pad

👉 *You'll use these constantly—keep it simple.*

CLOTHING

- 8–10 zip sleepers

👉 *Skip the cute outfits—zippers will save you at 2am.*

ON THE GO

- Car seat
- Stroller

👉 *You can't leave the hospital without a car seat.*

EVERYDAY ESSENTIAL

- A safe place to put baby (bouncer or lounger)

👉 *You'll need somewhere to put your baby while you shower, eat, or just take a break.*

✨ That's it. If you have these, you're covered for day one.

MOM 411 MUST-HAVES

These are the products we've used, loved, and would 100% add again. We'll break these down more in the sections below.

EACH ITEM
IS
CLICKABLE!

If you only add a few upgraded items—make it these.



DOONA CAR SEAT & STROLLER

The perfect car seat + stroller combo. If you want something simple and travel-friendly, this does it all. Fits in airplane seats, Ubers, and eliminates the need for multiple bulky items.



DR. BROWN BOTTLES

A great go-to bottle for most babies. You'll need bottles—even if breastfeeding—and these help reduce gas, spit-up, and colic. Start with a small set (4–6) and adjust based on what your baby likes.



MUSLIN BURP CLOTHS

You will use these constantly. For spit-up, drool, quick cleanups—have more than you think you need.



CHANGING TABLE

Simple, wipeable, and functional. The real win is how easy it is to clean.



SNOO SMART SLEEPER BABY BASSINET

A smart bassinet that helps soothe your baby. Not a must-have, but a game changer for sleep if it's within budget.

Pro tip: Renting is a great option.

✨ Reminder: You don't need everything—just what works for you.



FEEDING

Feeding looks different for every mom—and that's okay.

Whether you plan to breastfeed, formula feed, or do a mix of both, having a simple setup will make your life so much easier in those early weeks.

Start small. You can always add more once you know what works for your baby.

✔ WHAT YOU ACTUALLY NEED

- Bottles (start with 4–6)
- Burp cloths
- A place to dry bottles

👉 *That's it to start. Don't overcomplicate this.*

♥ OUR FAVORITE PICKS



DR. BROWN BOTTLES

A reliable, go-to bottle for most babies.

- Helps reduce gas, spit-up, and colic
- Comes in multiple sizes (register for both 4oz + 8oz)

💡 Pro tip: Don't buy too many upfront—babies can be picky.



DR. BROWN PREMIE NIPPLES

Great for newborns—even full-term babies.

- Slower flow = easier feeding + less overwhelm for baby
- Especially helpful if switching between breast and bottle



BOTTLE DRYING RACK

Keeps everything organized and easy to access.

- Place next to your sink for a simple feeding setup

FEEDING



BOTTLE BRUSH CLEANER

Makes cleaning bottles quick and effective.

- Narrow bottles need a good brush—this makes a difference



MUSLIN BURP CLOTHS

You will use these constantly.

- For spit-up, drool, quick cleanups—have more than you think you need

♥ OPTIONAL (BUT NICE TO HAVE)



BABY BREZZA FORMULA MAKER

A game changer for formula feeding.

- Makes bottles in seconds—especially helpful for middle-of-the-night feeds



ELVIE BREAST PUMP

Hands-free and convenient.

- Great for on-the-go pumping
- Note: Not always as strong as traditional pumps

💡 Check with your insurance—you may qualify for a free pump.

♥ MOM 411 TIP

You don't need a perfect feeding plan before your baby arrives. Every baby is different—and you'll figure out what works together.

Start simple, stay flexible, and give yourself grace.



BATH TIME

Bath time doesn't need to be complicated.

In the beginning, it's less about "bathing" and more about gently cleaning and getting comfortable handling your baby.

You won't be giving daily baths right away—2–3 times a week is more than enough.

✔ WHAT YOU ACTUALLY NEED

- A safe place to bathe baby (sink or baby bath seat)
- Soft wash cloths
- Gentle soap (optional at first)

👉 *That's all you need to get started.*

♥ OUR FAVORITE PICKS



SUMMER INFANT BATH SEAT

Makes bath time easier and more comfortable.

- Use it in the sink, tub, or on the counter
- Saves your back and gives baby support



KYAPOO BABY WASH CLOTHS

Soft, simple, and perfect for newborn skin.

- Great for early sponge baths and bath time



DERMAFRIDA SKIN SOOTHER

Helpful for dry skin, cradle cap, or eczema.

- Gentle and effective without being harsh

BATH TIME



FRIDA BABY CONTROL THE FLOW RINSER

Makes rinsing quick and stress-free.

- Helps avoid getting water in baby's eyes
- One of those small things that makes a big difference



BATH SQUIRTS (OPTIONAL)

Fun for later on—not needed right away.

- Great once your baby is a little older and more interactive



BATH THERMOMETER

Takes the guesswork out of water temperature.

- Peace of mind—especially for first-time moms

♥ OPTIONAL (BUT NICE TO HAVE)

- Infant tub (if you don't want to use the sink)
- Hooded towels
- Baby lotion

👉 *Nice additions, but not essential in the beginning.*

♥ MOM 411 TIP

Bath time can feel intimidating at first—but it gets easier quickly.

Take your time, keep it simple, and don't stress about doing it perfectly.

Your baby just needs you—not a complicated setup.



DON'T WASTE YOUR MONEY

There are so many baby products out there that make you feel like you need everything.

You don't.

Here are the things most moms either regret buying—or never end up using.

✗ WIPE WARMER

Sounds nice... but totally unnecessary. Babies get used to room temp wipes quickly, and this just takes up space (and dries them out).

✗ TOO MANY NEWBORN CLOTHES

They grow out of them fast. Stick to a few essentials (mostly zip sleepers) and size up sooner than you think.

✗ FANCY OUTFITS

Cute for photos... not real life. You'll mostly reach for easy, comfortable basics—especially in those early weeks.

✗ BABY SHOES (NEWBORN)

Completely unnecessary. They don't walk, and socks will do the job.

✗ TOO MANY TOYS EARLY ON

You don't need a playroom for a newborn. A few simple, high-contrast toys go a long way.

✗ DUPLICATE "CONVENIENCE" ITEMS

(Multiple loungers, swings, etc.) Start with one. You can always add more if needed.

♥ *Save your money for what actually matters. Most registries are overbuilt. Yours doesn't have to be.*



NURSERY + SLEEP

This is where things can start to feel overwhelming—but it doesn't have to be. Your baby doesn't need a perfectly designed nursery.

They just need a safe place to sleep and a simple setup that works for you.

Focus on function first—you can always add the aesthetic later.

✔ WHAT YOU ACTUALLY NEED

- Crib *or* bassinet
- Firm mattress + 2–3 fitted sheets
- Sound machine
- Baby monitor (optional, but helpful)

👉 That's all you need for a safe, functional sleep setup.

♥ OUR FAVORITE PICKS



SNOO SMART SLEEPER BABY BASSINET

A smart bassinet that helps soothe your baby.

- Responds to crying + gently rocks your baby back to sleep
- Can be a game changer in the newborn stage

💡 Pro tip: Renting is a great option if you don't want to commit.



CONVERTIBLE CRIB

A timeless, reliable crib option.

- Works for both boys and girls
- Durable and grows with your baby

💡 Looking for a budget option? IKEA makes great cribs too.

NURSERY + SLEEP



HATCH SOUND MACHINE

One of our must-haves for sleep.

- White noise + red light help promote better sleep
- Easy to control from your phone



NANIT BABY MONITOR

Gives you peace of mind—especially overnight.

- Tracks movement, sound, and breathing
- Connects directly to your phone

💡 Pro tip: Get the travel stand for travel.

CHANGING TABLE



Simple, functional, and easy to clean.

- Wipeable surface = no laundry stress
- Built-in scale is a nice bonus

♥ OPTIONAL (BUT NICE TO HAVE)

- Dresser/changing station
- Nursery chair or glider
- Blackout curtains

👉 *Helpful, but not required to start.*

⚠️ SAFE SLEEP REMINDER

Always place your baby:

- On their back
- On a firm, flat surface
- With no loose items in the crib

ON THE GO (STROLLER & CAR SEAT)

This is one of the biggest decisions on your registry—and one of the easiest to overcomplicate.

You don't need multiple strollers or a complicated system right away.

Start with one setup that fits your lifestyle. You can always add more later.

✔ WHAT YOU ACTUALLY NEED

- Infant car seat
- Stroller (or car seat/stroller combo)

👉 That's it to start. Keep it simple.

♥ OUR FAVORITE PICKS



DOONA CAR SEAT & STROLLER

An all-in-one car seat and stroller.

- Transforms from car seat to stroller in seconds
- Perfect for travel, Ubers, and quick errands
- Fits in airplane seats

💡 Yes, it's an investment—but it can be your only system for the first year.



UPPABABY VISTA STROLLER

A great long-term stroller that grows with your family.

- Can convert to hold multiple kids
- Large storage basket (huge plus)
- Smooth, everyday use

💡 Best for daily walks + long-term use

ON THE GO (STROLLER & CAR SEAT)



BRITAX BABY CAR MIRROR

Simple but very helpful.

- Lets you safely see your baby while driving



DOONA ESSENTIALS BAG

Designed specifically for the Doona.

- Keeps diapers, bottles, and essentials organized on the go



DOONA RAIN COVER

A must for unexpected weather.

- Keeps your baby dry and comfortable

♥ OPTIONAL (BUT NICE TO HAVE)



STOKKE YOYO3 STROLLER

A great lightweight travel option.

- Fits in overhead bins
- Easy to carry and store

💡 Not necessary right away—but great as your baby gets older

♥ MOM 411 TIP

Think about your lifestyle before choosing a stroller. Do you:

- Walk a lot?
- Travel often?
- Need something compact?

👉 The “best” stroller is the one that fits your daily life.

PLAYTIME (KEEP IT SIMPLE)

In the beginning, playtime is simple.

Your baby isn't going to need a room full of toys—just a few things to help them see, move, and explore.

Less is more here.

✔ WHAT YOU ACTUALLY NEED

- A safe place for baby to lie down (play mat or blanket)
- 1–2 simple toys

👉 *That's all you need for the first few months.*

♥ OUR FAVORITE PICKS



LOVEVERY PLATMAT

A great all-in-one space for your baby to learn and play.

- Encourages movement and development
- Grows with your baby through different stages

💡 Perfect for tummy time and everyday play



HIGH CONTRAST BABY CARDS

One of the best first “toys” for newborns.

- Supports early visual development
- Simple but very effective



SASSY TUMMY TIME MIRROR

Great for encouraging tummy time.

- Babies love looking at faces—even their own
- Helps build neck strength

PLAYTIME (KEEP IT SIMPLE)



TUMMY TIME MIRROR

Another great option for interactive play.

- Lightweight and easy to move around



DIMPL TOY

Simple, satisfying, and great for sensory play.

- Easy to bring on the go
- Keeps babies entertained without overstimulation

♥ OPTIONAL (BUT NICE TO HAVE)



SKIP HOP ACTIVITY CENTER

Great once your baby is a bit older and more active.

- Keeps them entertained while you get a moment to yourself 🍰

💡 Not needed right away—add later if you want it

♥ MOM 411 TIP

You are your baby's favorite thing to look at.

Talking, singing, and interacting with them matters more than any toy.

Start simple—you'll naturally add more as they grow.

IF YOU WANT TO MAKE LIFE EASIER

This is where it's easy to start adding everything.

But most of it? You won't use.

These are the few extras that truly make your day-to-day easier.

✔ WHAT YOU ACTUALLY NEED

- Honestly—nothing in this section is a “must-have.”

👉 *Everything here is about convenience, not necessity.*

♥ OUR FAVORITE PICKS



DAGNE DOVER DIAPER BAG

A functional, everyday diaper bag you'll actually love.

- Fits everything you need without feeling bulky
- Hands-free + great for both parents

💡 You'll use this daily—worth choosing one you really like.



BABY BJORN MINI CARRIER

Perfect for keeping your baby close while staying hands-free.

- Great for newborns
- Comfortable and easy to use

💡 Especially helpful when your baby only wants to be held



BABY BJORN BOUNCER

A safe place to put your baby down.

- Great for quick breaks (eating, showering, etc.)
- Babies love the gentle movement

IF YOU WANT TO MAKE LIFE EASIER



ROYAL ANGELS BABY NAIL FILE

A stress-free way to trim baby nails.

- Gentle and safe—no fear of cutting too much



WOOMBIE SWADDLE

Swaddling made easy.

- Zips up—no complicated wrapping
- Helps your baby feel secure for sleep

💡 Bring 2 to the hospital to make those first nights easier.



INFANT LOUNGER

A comfortable place for your baby to rest during the day.

- Great for supervised lounging in your living space

⚠️ Not for unsupervised sleep

♥️ OPTIONAL (BUT NICE TO HAVE)

- Extra swaddles
- Additional carriers
- Travel-friendly versions of items

👉 *Add these later if you feel like you need them*

♥️ MOM 411 TIP

You don't need to have everything before your baby arrives. Some of the best purchases happen after you meet your baby and learn what works for you.

Start simple—you can always add more.



4+ MONTH (ADD THESE LATER)

You won't need these right away—but this stage comes faster than you think.

If friends and family are still looking for gift ideas, this is a great place to pull from.

Or, you can add these now and use your registry completion discount later.

✔ WHAT YOU'LL LIKELY NEED NEXT

- A high chair or feeding seat
- Baby-friendly feeding tools
- A safe play space
- More interactive toys

👉 *No need to rush—these come into play as your baby grows.*

♥ OUR FAVORITE PICKS



INGLESINA FAST TABLE CHAIR

Perfect for mealtime at home or on the go.

- Attaches to tables or counters
- Keeps your baby close while you eat



STOKKE HIGH CHAIR

A simple, modern high chair.

- Easy to clean and use
- Great for everyday feeding



BUMBO MULTI SEAT

A versatile seat for multiple stages.

- Can be used on the floor or attached to a chair
- Great for early sitting + feeding

4+ MONTH (ADD THESE LATER)



TRAVEL BOOSTER SEAT

Our go-to for travel.

- Lightweight, foldable, and easy to bring anywhere
- Perfect for restaurants, trips, or visiting family



NUMNUM STARTER KIT

Great for babies learning to self-feed.

- Designed for little hands
- Makes the transition to solids easier



SUMMER INFANT BATH SEAT

Helpful once your baby can sit up.

- Keeps them secure during bath time
- Makes bathing easier as they grow



BONRCEA PLAYPEN

A safe, flexible play space.

- Adjustable size
- Great once your baby becomes more mobile



PLAY MAT

Perfect for crawling and play.

- Soft, foldable, and easy to store



4+ MONTH (ADD THESE LATER)



STOKKE YOYO3 STROLLER

A great lightweight travel option.

- Fits in overhead bins
- Easy to carry and store

💡 Not necessary right away—but great as your baby gets older



STOKKE YOYO3 BACKPACK

Makes traveling with your stroller easier.

- Store and carry your stroller with ease

♥ OPTIONAL (BUT NICE TO HAVE)



JOOVY SPOON WALKER

Fun for babies who want to be on the go but can't wait yet



WONDER SPACE DELUXE BALL PIT

A fun addition once your baby is more active.

- Great for playtime—but definitely not a necessity

♥ MOM 411 TIP

You don't need to prepare for every stage right now. Your baby will grow—and your needs will change with the m.

Focus on what you need first. You'll figure out the rest as you go.

YOU'VE GOT THIS!

You don't need everything.
You don't need to get it perfect.
You just need a simple starting point—and now you have one.

✨ WANT EVERYTHING IN ONE PLACE?

If this guide helped you, the app will save you hours.

- No more endless Googling
- No more second guessing
- No more wasting money

Download the Mom 411 app and simplify everything.

📱 INSIDE THE MOM 411 APP:

- ✓ Curated product recommendations (updated regularly)
 - ✓ Real mom reviews (no fluff, no sponsorship bias)
 - ✓ Easy-to-save lists for every stage
 - ✓ Parenting tips you'll actually use
 - ✓ Simple meal ideas for busy moms

♥ WHY MOMS LOVE IT

Because it saves time, money, and mental energy.

👉 Everything you need—without the overwhelm.

👉 DOWNLOAD THE MOM 411 APP

Join thousands of moms using it!

👉 THIS GUIDE IS JUST THE BEGINNING.

